

Why Breast-Warmers?

Because Breast-Warmers provide warmth in an effective, continuous and safe way that is practical and convenient for the mother.

No liquid
No gel
No mess
No inconvenience
No heating or reheating
No risk of damaging delicate breast tissue by burning

***Breast-Warmers* simply reflect the natural body warmth!**

***Breast-Warmers* are made with the super effective insulating material Flectalon®**

***Breast-Warmers* are a new way of applying an old remedy**

Warmth helps the milk to flow more easily. When the milk flows easily it is less likely to “get stuck” and form lumps in the breast which may cause the milk to be pressed out of the milk ducts and into the breast tissue, where the milk shouldn’t be. This can lead to discomfort and even inflammation of the breast. If there already are lumps in the breasts it may be cleared by applying warmth.

Warmth is a great remedy for pain. (not only on the breasts) It simply feels good while assisting the milk flow. Warmth cannot produce more milk, only more frequent feeding or expressing can increase supply. It may *feel* like there is more milk as it flows better.

Breastfeeding is a skill which needs to be learnt, it’s advisable to seek information about breastfeeding technique in order to optimise the breastfeeding success.

When to use Breast-Warmers?

When the breasts feel hard, tender, sore, lumpy or simply uncomfortable.

Mastitis
Blocked ducts
Engorgement
Letdown problems
Nipple Vasospasm
Expressing

Breast-Warmers can be worn as a preventative measure, mothers who have experienced problems in the past are particularly open to methods of prevention. A first time mother more often looks for a solution once there is a problem, perhaps because a first time mother often doesn't anticipate breastfeeding will present problems. If she has adequate information at hand before there is a problem it's easier for her to look to *Breast-Warmers* as a part of the solution. It may be the whole solution for her.

How to use Breast-Warmers?

Simply place the *Breast-Warmers* in bra or crop-top, with the Flectalon® turned towards the skin. They can be placed in any position comfortable.

Wear the *Breast-Warmers* 20-30 minutes before a feed or all day and through the night. The mother should wear them as she finds comfortable and right for her.

Breast-Warmers maintain a dry feel as they don't absorb leaking milk.

Breast-Warmers are fully washable

Breast-Warmers are allergy tested

Breast-Warmers are non-hygroscopic, meaning they remain efficient when wet. A Swedish quality product used in Sweden since 1987.

Breast-Warmers are for personal use only and not recommended for sharing. Wash by hand in cold or warm water. Drip dry, do NOT tumble dry.